

Winner image bob proctor

Winner Image Bob Proctor: Unlocking Your Potential Through the Power of Self-Image **winner image bob proctor** is a phrase that resonates deeply with those seeking personal development, success, and transformation. Bob Proctor, a renowned motivational speaker, author, and success coach, has emphasized the importance of cultivating a winner image—a mental and emotional blueprint that aligns with a person's highest aspirations. By understanding and applying Proctor's principles surrounding self-image, individuals can unlock their full potential, break free from limiting beliefs, and achieve sustained success. This article explores the core concepts behind the winner image, its significance in personal development, and practical steps inspired by Bob Proctor's teachings to help you craft and embody your own winning self-image.

-- Understanding the Concept of the Winner Image What Is the Winner Image? The winner image refers to the mental picture or self-perception that an individual holds about themselves as a successful, capable, and deserving person. This self-image influences decisions, behaviors, habits, and ultimately, the outcomes in one's personal and professional life. Bob Proctor believed that success begins with how we see ourselves—our internal picture of who we are and what we are capable of. The Science Behind Self-Image and Success According to Proctor, the subconscious mind plays a vital role in shaping our self-image. It acts as the blueprint for our habits and behaviors. If your subconscious perceives you as a winner, it will align your actions toward success. Conversely, a

negative or limited self-image results in self-sabotage and failure.

Proctor's teachings stress that transforming your self-image is the first step toward transforming your life. -- The Principles of Creating

a Winner Image Inspired by Bob Proctor 1. Clarity of Vision To

develop a winning self-image, clarity of what you want is essential.

Proctor emphasized that specific goals and a clear vision serve as the foundation of a winner image. Practical Steps: Write down your

precise goals. Visualize your success daily. Use affirmative language

to reinforce your desired self-image. 2. Positive Self-Talk The

internal dialogue you maintain influences your self-image

significantly. Negative self-talk reinforces limitations, while positive

affirmations build confidence and a winner mindset. Examples of

Positive Affirmations: "I am capable of achieving great success." "I

embody confidence and determination." "Every day, I move closer to

my goals." 3. Visualization and Mental Rehearsal Proctor often

highlighted the importance of visualization. Mentally rehearsing

success conditions your subconscious mind to accept your new self-

image. Techniques: Daily visualization sessions, imagining yourself

succeeding. Using all senses to make the mental picture vivid.

Believing in the reality of your success during visualization. 4.

Consistent Action Aligned with Your Vision Success requires that

your actions reflect your winner image. Proctor insisted that

behaviors are the physical manifestation of your mental picture.

Action Tips: Break goals into manageable steps. Regularly review

your progress. Make decisions that support your self-image. 5.

Overcoming Limiting Beliefs A key aspect of the winner image is

eliminating beliefs that hold you back. Proctor encouraged

identifying and replacing limiting thoughts with empowering beliefs.

Common Limiting Beliefs and Their Alternatives: "I'm not good enough" → "I am capable and deserving of success." "It's too difficult" → "Challenges are opportunities to grow." -- The Role of Self-Image in Achieving Success How Self-Image Influences Outcomes Proctor demonstrated that if your subconscious believes you are a winner, your actions will naturally align with victory. Your self-image impacts: Decision making: Confident winners make bold choices. Habits: Success-driven self-image fosters disciplined routines. Resilience: A winner mindset helps bounce back from setbacks. Building Self-Confidence Through the Winner Image Confidence stems from the internal picture you hold of yourself. By repeatedly affirming your worth and visualizing success, you reinforce a positive self-image. Steps to Boost Self-Confidence: Practice daily affirmations. Celebrate small wins. Maintain an attitude of gratitude. -- Practical Strategies to Develop and Maintain Your Winner Image Step 1: Define Your Ideal Self Create a detailed mental image of who you wish to become, including your qualities, habits, and achievements. Step 2: Develop a Personal Success Statement Write a statement that encapsulates your goals and how your ideal self behaves. Example: "I am a confident, successful entrepreneur who creates value and prosperity in my life and others'." Step 3: Engage in Daily Visualization Spend 5-10 minutes each day visualizing your success, feeling the emotions associated with achieving your goals. Step 4: Use Affirmations Consistently Repeat your success statements multiple times daily to reprogram your subconscious mind. Step 5: Act in Alignment with Your Winner Image Make daily decisions that reflect the qualities of a winner—dedication, perseverance, and positivity. Step 6: Read and

Learn from Success Mentors Follow Bob Proctor's teachings, books, and seminars to continuously reinforce your self-image and develop a success-oriented mindset. -- The Impact of Cultivating a Winner Image: Real-Life Examples Success Stories Inspired by Bob Proctor's Philosophy Many individuals have transformed their lives by adopting the principles of the winner image. Here are some inspiring examples: Entrepreneurs who visualized their business success daily and adopted a confident self-image. Athletes who use visualization and positive self-talk to enhance performance. Professionals who overcame limiting beliefs to earn promotions or start new careers. These cases demonstrate that cultivating a strong, positive self-image directly correlates with increased success and fulfillment. -- Frequently Asked Questions About the Winner Image and Bob Proctor's Teachings What is the primary focus of Bob Proctor's self-image teachings? Proctor emphasized that developing a positive, empowering self-image is fundamental to achieving personal and financial success. His teachings focus on reprogramming the subconscious mind through visualization, affirmations, and persistent action. How long does it take to see results after working on my self-image? Results vary depending on consistency and effort. Some individuals notice changes within weeks, while others may take months. The key is continuous practice and belief. Can I change my self-image if I have limiting beliefs? Absolutely. Proctor believed that anyone can reprogram their subconscious by replacing limiting beliefs with empowering ones through repetition, visualization, and action. Is it necessary to attend seminars or read books like Bob Proctor's to develop a winner image? While external resources can accelerate your growth,

the most important factor is consistent internal work—affirmations, visualization, and action—regardless of how you acquire knowledge.

-- Conclusion: Embrace Your Inner Winner with Bob Proctor's

Principles Developing a winner image is an empowering journey that unlocks your true potential. By adopting Bob Proctor's teachings on the importance of self-perception, visualization, and positive habits, you can create a mental blueprint for success. Remember, your self-image is the foundation upon which your reality is built. Cultivate it with intention, consistency, and belief, and watch as your life transforms into a reflection of your highest aspirations. The path to success begins within—embrace the winner image and step confidently into your greatness today.

Winner Image Bob Proctor: Unveiling the Power of Mindset and Personal Transformation

In the realm of personal development and success coaching, few names resonate as profoundly as Bob Proctor. Known for his teachings on the mind's influence over achievement, Proctor pioneered concepts that have transformed countless lives. Among these, the term “winner image” emerges as a cornerstone—representing the mental blueprint that individuals cultivate to attain success. This article delves into the meaning of “winner image” in Bob Proctor's philosophy, exploring its significance, practical application, and how it continues to inspire those aiming for personal excellence.

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Understanding the “Winner Image” Concept

What Is the “Winner Image”?

At its core, a “winner image” refers to the mental picture or self-perception that an individual holds regarding themselves as successful. It's the internal visualization of who they are and what they are capable of achieving. According to Bob Proctor, success is largely governed by the images we hold in our subconscious mind—our beliefs, attitudes, and expectations shape our realities.

Proctor emphasized that mastering one's “winner image” is fundamental; it is the subconscious identity that aligns a person's actions towards achieving their goals. If someone sees themselves as a perpetual loser, their actions often reflect hesitation or self-sabotage. Conversely, a strong “winner image” creates empowering behaviors and decisions.

The Science Behind the Image

Proctor's teachings are rooted in the understanding that the mind operates on a principle similar to a computer. The subconscious mind processes the images and beliefs we feed into it. When individuals consistently visualize success and affirm worthy qualities, these images become embedded in their subconscious programming, guiding their thoughts, emotions, and behaviors toward success.

This process aligns with the Law of Attraction—like attracts like—meaning a positive, success-oriented image attracts opportunities and favorable circumstances. The development of a “winner image” becomes a mental habit that reprograms the subconscious for achievement.

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The Elements of a Powerful Winner Image

1. Clarity of Vision

A strong “winner image” begins with a clear mental picture of success. It involves detailed visualization—seeing oneself achieving goals, feeling the emotions associated with victory, and experiencing the environment of achievement.

Key aspects include:

Specificity: Detailing what success looks like.

Sensory Engagement: Engaging sight, sound, and emotion.

Repetition: Regularly revisiting the image to reinforce its presence.

1. Strong Self-Concept

Your “winner image” encompasses how you perceive yourself. A positive self-concept entails believing in one's capabilities, qualities, and worthiness of success.

Components of a resilient self-concept:

Self-confidence: Trusting in one's talents.

Self-love: Valuing oneself.

Self-efficacy: Belief in the ability to influence outcomes.

1. Emotional Alignment

Emotions are the fuel that energizes the mental picture. Feelings of

confidence, excitement, and gratitude heighten the potency of the image, making it more effective in influencing subconscious programming.

Practices for emotional alignment:

Affirmations that evoke positive feelings.

Visualization exercises that stimulate emotional responses.

Gratitude practices for appreciating current progress.

1. Consistency and Repetition

Developing a “winner image” is not a one-time activity but an ongoing process. Continuous reinforcement ensures the subconscious adopts the success-oriented blueprint.

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Building and Cultivating Your Winner Image

Step-by-Step Practical Guide

Step 1: Identify Your Goals and Desires

Clarity is crucial. Determine precisely what you want to achieve—whether it’s financial freedom, a fulfilling career, or personal growth.

Step 2: Create a Vivid Mental Picture

Use visualization techniques to see yourself succeeding vividly. Imagine yourself experiencing the rewards of achievement—holding a trophy, receiving applause, or realizing personal fulfillment.

Step 3: Engage Your Emotions

Amplify your mental imagery by feeling the associated emotions. Feel the pride, happiness, or gratitude as vividly as possible.

Step 4: Affirm and Reinforce

Use positive affirmations to embed your desired identity. For example, “I am a successful and confident individual” or “I attract abundance effortlessly.”

Step 5: Practice Daily

Dedicate time each day—ideally in a relaxed state—to visualize and affirm your “winner image.” Consistency is key to rewiring subconscious beliefs.

Step 6: Act in Alignment

Take inspired actions that reinforce your mental blueprint. As Proctor emphasized, your actions validate your internal image.

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The Role of the “Winner Image” in Success and Personal Growth

Breaking Barriers and Overcoming Limiting Beliefs

Many individuals battle subconscious limiting beliefs—such as “I’m not good enough” or “Success is for others.” Cultivating a “winner image” helps dismantle these barriers by replacing negative mental models with empowering visuals.

Enhancing Confidence and Resilience

An internal success image boosts confidence, enabling individuals to

persist amidst failures. It cultivates a resilient mindset that sees setbacks as opportunities rather than defeats.

Attracting Opportunities and Positive Circumstances

Aligning your subconscious with a success-oriented image makes you more receptive to opportunities. You begin to notice possibilities that align with your desired outcome—an effect often described as “seeing the opportunities others overlook.”

The Continuous Loop of Success

Proctor championed that “think, feel, do” is a continuous loop—your thoughts influence your feelings, which drive your actions, thereby reinforcing your mental image. Maintaining a “winner image” sustains this cycle, creating momentum toward achievement.

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Real-Life Examples and Success Stories

While the concept of a “winner image” is rooted in individual mental processes, countless success stories illustrate its potency:

Entrepreneurs visualizing their business thriving before launch.

Athletes mental rehearsing victory scenarios.

Professionals envisioning promotions to align their mindset with leadership qualities.

Bob Proctor himself attributed much of his success to the consistent cultivation of a success-oriented mental image, which guided his decisions and actions.

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Common Challenges in Developing a Winner Image

Despite its effectiveness, cultivating a “winner image” comes with hurdles:

Negative Self-Talk: Inner dialogue filled with doubt can undermine efforts.

Lack of Consistency: Irregular practice weakens subconscious reinforcement.

Impatience: Expecting overnight results can lead to discouragement.

Environmental Influences: Surroundings that don’t support success can threaten the internal image.

Overcoming these challenges requires persistent practice, self-awareness, and sometimes, strategic environment changes to align external factors with internal visuals.

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The Lasting Impact of Bob Proctor’s Philosophy

Bob Proctor’s teachings on the “winner image” have served as a foundation for modern personal development. His emphasis on mental conditioning aligns with contemporary neuroplasticity research, which shows that the brain can rewire itself through sustained thought patterns and behaviors.

His seminars, books, and coaching programs have empowered individuals worldwide to transform their self-image and,

consequently, their lives. The “winner image” becomes more than a mental concept—it evolves into a lifestyle embodying confidence, purpose, and relentless pursuit of excellence.

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Final Thoughts

The concept of “winner image” as championed by Bob Proctor underscores a universal truth: success begins inside the mind. Cultivating a positive, resilient mental blueprint sets the stage for external achievements. By visualizing success, reinforcing positive beliefs, and acting in alignment, individuals can reprogram their subconscious and step into the identity of a winner.

Whether you are an aspiring entrepreneur, a professional aiming for advancement, or someone seeking personal fulfillment, developing your “winner image” can redefine your reality. It is a potent reminder that the journey to success—much like mastering the art of the mind—begins with a simple, yet powerful, mental shift. Embrace the image of your ideal self, nurture it with consistency, and watch as your life begins to reflect that success.

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Disclaimer: The insights shared in this article are based on Bob Proctor’s teachings and personal development principles. For personalized guidance, consider consulting with a certified coach or personal development expert.

The availability of downloadable **Winner Image Bob Proctor** has transformed the way people access, share, and engage with

information. In the digital era, knowledge is no longer confined to physical libraries or printed books. Instead, digital formats provide instant access to books, manuals, academic resources, and research papers, significantly reducing traditional barriers related to cost, location, and availability. This shift represents a major step toward more inclusive and democratic access to education.

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Digital resources also encourage critical thinking and analytical skills. Access to multiple sources allows learners to compare perspectives, evaluate arguments, and develop independent conclusions. Engaging with **Winner Image Bob Proctor** alongside related materials fosters deeper understanding and more informed decision-making. This analytical approach is essential for both academic achievement and professional competence.

Interdisciplinary learning becomes more accessible through digital formats. Learners can easily explore connections between different fields by integrating **Winner Image Bob Proctor** with materials from various disciplines. This cross-disciplinary approach enhances creativity and supports innovative thinking, helping learners address complex challenges more effectively.

For educators, downloadable digital books offer valuable teaching

tools. Instructors can recommend or distribute materials easily, support remote learning, and encourage students to engage with content interactively. Access to **Winner Image Bob Proctor** in digital form supports modern teaching methods and flexible learning environments.

Digital organization further improves learning efficiency. Users can categorize files, create searchable libraries, and store content securely using cloud services. This organization ensures that valuable resources remain accessible over time and can be retrieved quickly when needed. Compared to managing physical collections, digital libraries offer greater scalability and convenience.

Accessibility features included in many digital reading applications make downloadable books more inclusive. Adjustable text sizes, text-to-speech functionality, and screen reader compatibility support learners with visual impairments or different learning needs. These features ensure that **Winner Image Bob Proctor** can be accessed by a broader audience, promoting equal opportunities in education.

Environmental sustainability is another benefit of digital learning. By reducing reliance on printed books, digital downloads help conserve paper and lower transportation-related emissions. While digital technologies also have environmental costs, the shift toward electronic resources represents a more efficient and sustainable approach to distributing knowledge.

The global reach of digital content fosters collaboration and shared

understanding. Downloading **Winner Image Bob Proctor** allows learners from different countries and cultural backgrounds to access the same materials, encouraging dialogue and exchange of ideas. Digital access supports a more connected and informed global learning community.

As technology continues to advance, digital education will remain central to how knowledge is created and shared. The ability to download **Winner Image Bob Proctor** reflects an adaptive approach to learning that aligns with modern technological trends. Developing strong digital literacy skills is now essential.

In conclusion, digital access to **Winner Image Bob Proctor** exemplifies the power of technology in democratizing education. Through efficiency, portability, adaptability, and ethical usage, downloadable resources empower learners worldwide. Legal and responsible access enables continuous learning, knowledge expansion, and intellectual empowerment, ensuring that education remains accessible, inclusive, and relevant in the digital age.

Questions & Answers About winner image bob proctor

Bob Proctor, Winner mindset, Success image, Motivational speaker, Law of attraction, Personal development, Wealth consciousness, Entrepreneurship, Self-improvement, Positive thinking

Winner Image Bob Proctor eBook Resource

Winner Image Bob Proctor eBooks provide structured digital knowledge.

Core Discussion

Digital books help readers maintain productivity.

Practical Use

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Conclusion

Digital reading improves access to information.

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Winner Image Bob Proctor eBooks reduce reliance on fragmented online information.

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Digital formats ensure identical learning materials for all participants.

Controlled pacing improves absorption.

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Digital Winner Image Bob Proctor books allow access across multiple devices, enabling seamless transitions between desktop, tablet, and mobile reading environments without disrupting learning continuity.

Studying with Winner Image Bob Proctor

Studying with Winner Image Bob Proctor in digital format allows learners to approach content in a more structured, flexible, and efficient way. Unlike traditional printed materials, digital documents provide tools that support active learning, deeper comprehension, and long-term retention. By applying effective study strategies, learners can maximize the educational value of Winner Image Bob Proctor and turn it into a powerful learning resource.

One of the most effective approaches is breaking chapters into smaller, manageable sections. Large blocks of information can be overwhelming and reduce focus. Dividing content into sections encourages gradual progress and helps learners absorb information step by step. This method also makes it easier to schedule study sessions and maintain consistency over time.

After completing each section, summarizing the content in your own

words is highly recommended. Summaries help clarify understanding and reinforce key concepts. Writing brief notes or outlines based on Winner Image Bob Proctor content enables learners to process information actively rather than passively consuming it. These summaries can later serve as quick revision materials before exams or discussions.

Regularly reviewing highlighted sections is another essential study practice. Highlights draw attention to important ideas, definitions, or arguments that require reinforcement. Periodic review sessions strengthen memory retention and help identify areas that may need further clarification. Digital highlights remain accessible and searchable, making review sessions more efficient than flipping through physical pages.

Creating a consistent study routine further enhances learning outcomes. Allocating specific time slots for reading and review promotes discipline and reduces procrastination. Digital formats allow flexibility in choosing study locations and devices, making it easier to integrate learning into daily schedules.

Active learning strategies

Active learning transforms Winner Image Bob Proctor from a static document into an interactive study tool. Asking questions while reading, making predictions, and connecting new information with prior knowledge improves comprehension. Learners can add questions or reflections as annotations, creating a dialogue with the text that deepens understanding.

Teaching concepts learned from Winner Image Bob Proctor to others is another powerful strategy. Explaining ideas in simple terms reinforces understanding and highlights gaps in knowledge. This method can be applied during group study sessions or personal review by summarizing content aloud.

Using Digital Features

Digital features significantly enhance the study experience with Winner Image Bob Proctor. Search functionality allows learners to locate keywords, concepts, or references instantly. This saves time and supports efficient cross-referencing, especially when working with lengthy documents or multiple sources.

Copying references and quotations digitally simplifies academic work. Learners can quickly extract relevant passages for essays, reports, or research projects. When copying content, it is important to maintain proper citations and respect copyright guidelines to ensure ethical use of information.

Bookmarks are another valuable feature for efficient study. Marking important chapters, sections, or reference pages allows quick navigation during revision. Bookmarks help learners resume reading exactly where they left off and organize content according to study priorities.

Digital annotation tools further support active engagement. Notes, comments, and highlights can be added directly to the document, keeping insights closely connected to the source material. These

annotations can be edited, expanded, or reorganized as understanding evolves over time.

Some readers also support linking annotations to external notes or documents. This integration allows learners to build a comprehensive study system that combines Winner Image Bob Proctor with supplementary resources such as lecture notes, articles, or multimedia content.

Efficiency and productivity benefits

Digital features reduce repetitive tasks and improve productivity. Instead of manually searching for information, learners can rely on built-in tools to streamline study processes. This efficiency frees up time for deeper analysis, reflection, and practice.

Synchronizing notes and progress across devices further enhances productivity. Learners can switch between devices without losing annotations or bookmarks, maintaining continuity in their study workflow.

Group Study

Group study adds a collaborative dimension to learning with Winner Image Bob Proctor. Sharing insights and discussing key points helps reinforce understanding and exposes learners to different perspectives. Collaborative learning encourages critical thinking and clarifies complex topics through discussion.

When engaging in group study, it is important to share Winner Image

Bob Proctor content legally. Only free, public domain, or authorized versions should be distributed directly. For paid editions, sharing official links or references ensures compliance with copyright regulations while still enabling collaboration.

Group members can exchange summaries, annotations, or discussion questions based on Winner Image Bob Proctor. These shared materials support collective learning while allowing individuals to maintain their own notes. Digital platforms make it easy to collaborate asynchronously, accommodating different schedules and learning styles.

Discussion sessions focused on specific chapters or themes help structure group study effectively. Assigning sections to different members for review or presentation encourages accountability and deeper engagement. Each participant contributes unique insights, enriching the overall learning experience.

Collaborative tools and platforms

Cloud-based tools facilitate collaborative study by enabling shared documents, comments, and feedback. Study groups can use shared folders or collaborative note-taking apps to centralize materials related to Winner Image Bob Proctor. This approach keeps resources organized and accessible to all members.

Respectful communication and clear guidelines enhance group study outcomes. Establishing expectations for participation, note-sharing, and discussion ensures productive collaboration and

minimizes misunderstandings.

Maintaining Quality

Maintaining the quality of Winner Image Bob Proctor files is essential for effective study. Low-quality or corrupted files can hinder readability, disrupt learning, and cause frustration. Ensuring that downloaded files are complete and legible supports a smooth and reliable study experience.

Before using Winner Image Bob Proctor for study, learners should verify file integrity. Checking page completeness, image clarity, and text readability helps identify potential issues early. If a file appears incomplete or corrupted, obtaining a fresh copy from a trusted source is recommended.

High-quality files preserve formatting, structure, and navigation features such as tables of contents and hyperlinks. These elements enhance usability and make study sessions more efficient. Poorly scanned or improperly converted documents may lack searchable text or clear layout, reducing their educational value.

Choosing reputable and legal sources for downloads ensures better quality and safety. Official publishers, libraries, and recognized platforms typically provide well-formatted and verified versions of Winner Image Bob Proctor. Avoiding unreliable sources reduces the risk of errors and security threats.

Updating and replacing files

Over time, improved editions or corrected versions of Winner Image Bob Proctor may become available. Periodically checking for updates ensures access to the most accurate and relevant content. Replacing outdated files with newer versions helps maintain a high-quality study library.

Archiving older versions separately allows reference if needed while keeping primary study materials current and organized.

Building effective study habits with Winner Image Bob Proctor

Combining structured study methods, digital tools, collaborative learning, and quality control creates a comprehensive approach to learning with Winner Image Bob Proctor. These practices encourage consistency, deepen understanding, and support long-term retention.

Effective study habits evolve over time. Reflecting on what methods work best and adjusting strategies accordingly leads to continuous improvement. Digital formats offer flexibility to experiment with different approaches and customize the learning experience.

Final thoughts on studying with Winner Image Bob Proctor

Studying with Winner Image Bob Proctor becomes significantly more effective when learners apply structured reading strategies, leverage digital features, collaborate responsibly, and maintain high-quality materials. By breaking content into sections, summarizing insights, using search and annotation tools, participating in group

discussions, and ensuring file integrity, learners can transform Winner Image Bob Proctor into a powerful and reliable study companion. These practices support deeper comprehension, stronger retention, and more meaningful learning outcomes over time.